

Mental Agility Activity 1

To support our mental agility, we have tried these chilli challenges in class and an example has been shown and you can try different amounts at home.

Addition and Subtraction

Challenge	Example
 <p>Using cubes, counters, or other materials ask children to show X. Add Y more to their group. How many now? Repeat with larger/small numbers depending on confidence.</p>	 $X = 3$ $+$  $Y = 4$ <p>Altogether = 7</p>
 <p>Place hand behind head and raise X number of fingers on each hand. Bring hands in front and count fingers. 'How many altogether?' Raise another finger, How many now?</p>	 <p>Count = 5</p>  <p>add 1</p> <p>Altogether = 6</p>
 <p>Using toys ie teddies, there are 6 teddies and 4 pencils, How many teddies would not have a pencil? Repeat with different numbers.</p>	 <p>6 teddies</p>  <p>4 pencils</p> <p>$6 - 4 = 2$</p>  <p>2 teddies</p>

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