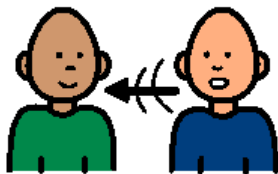
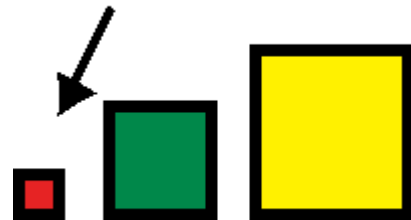
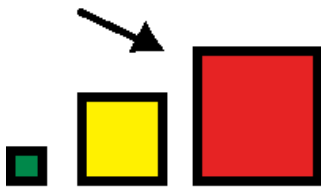
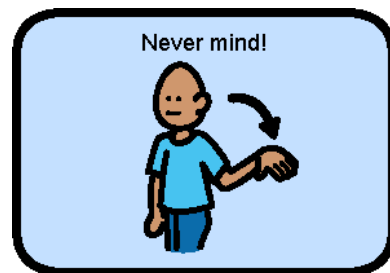


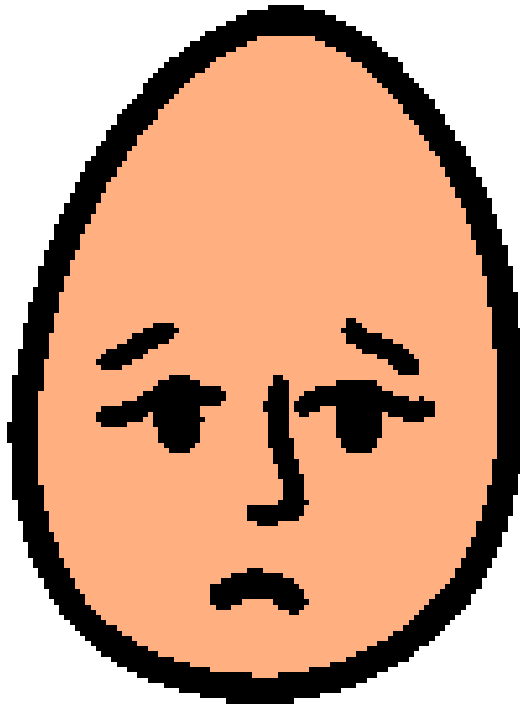
Big Deal and Little Deal



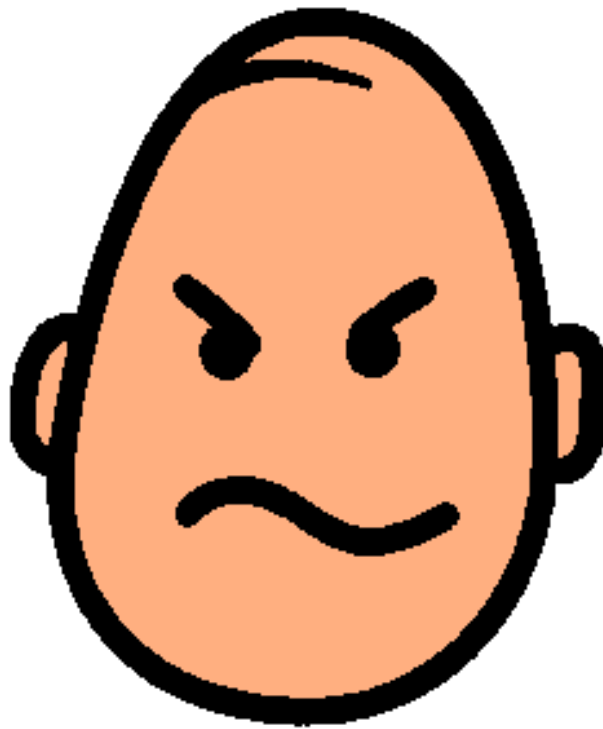
Big Deal



Little Deal



Sometimes I feel sad.

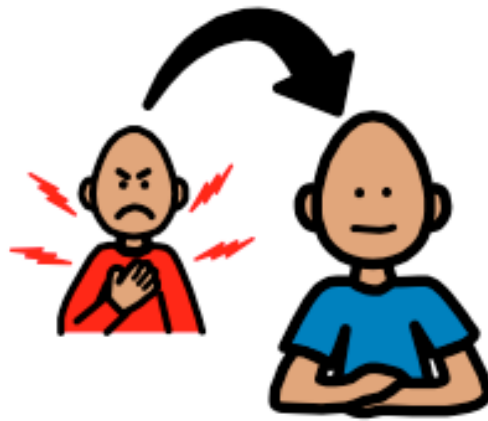


Sometimes I feel cross.

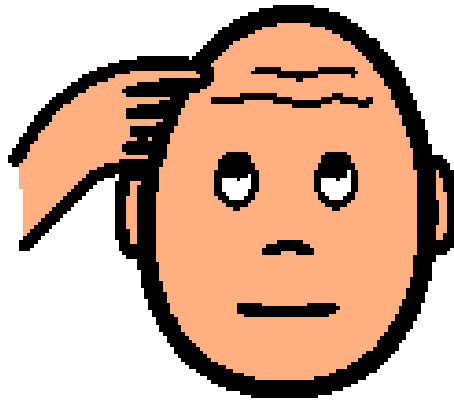


Sometimes I feel angry.

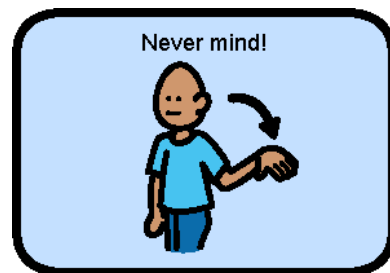
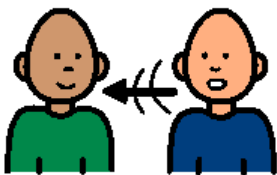
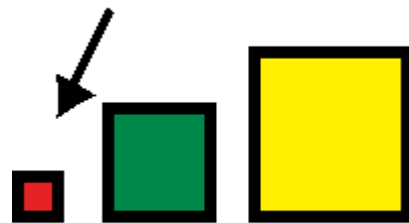
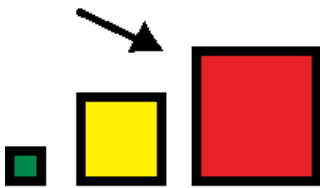
feel better



Sometimes I need to help
myself feel better.



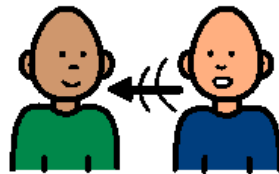
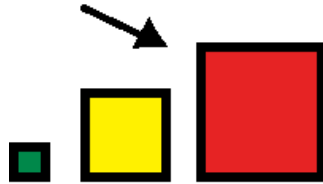
Sometimes I need to think.



Big Deal

Little Deal

Is it a Big Deal or a Little Deal?



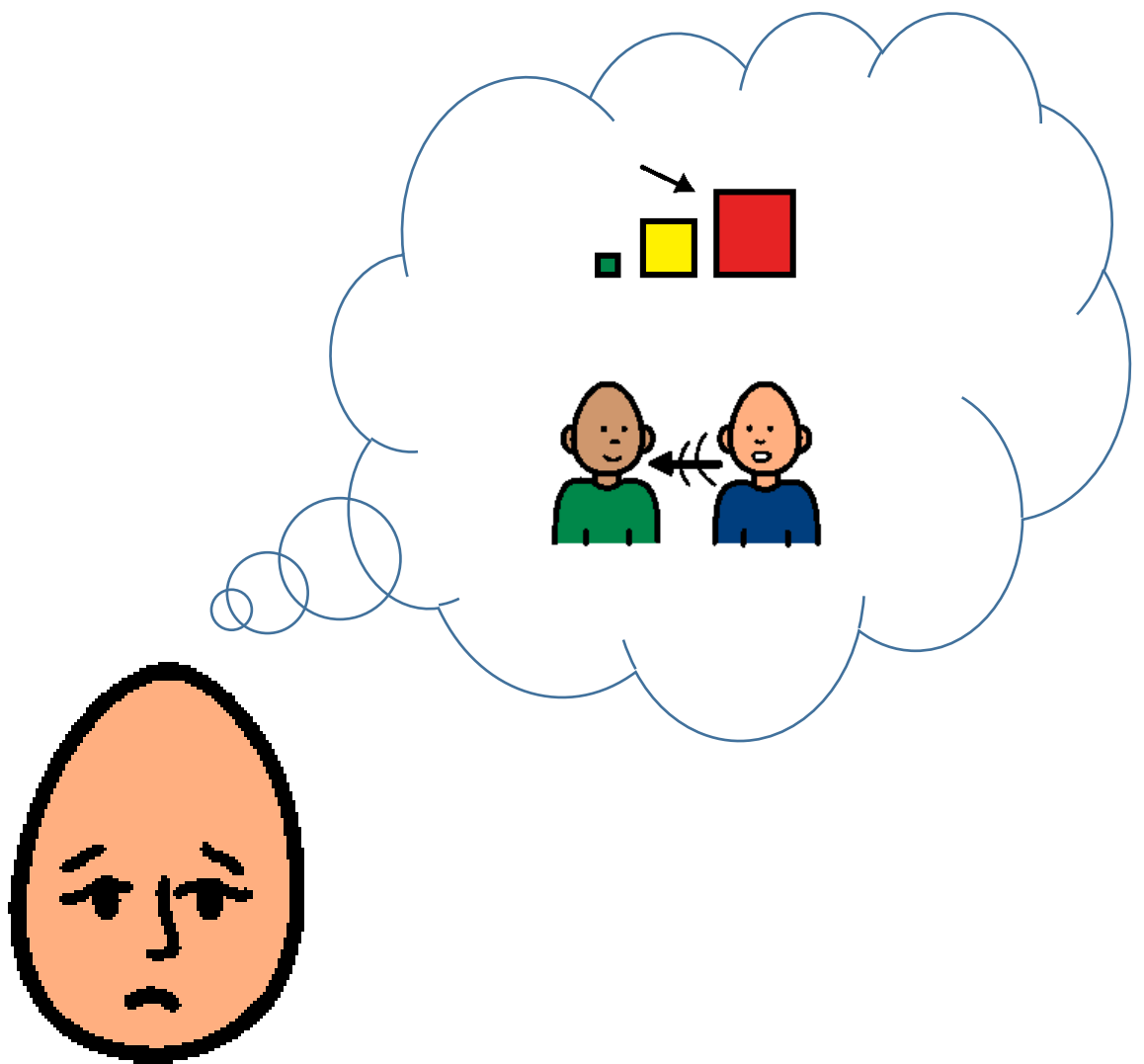
Big Deal

A Big Deal is something big or important.



If I hurt myself, this is a Big Deal.

This makes me feel sad.

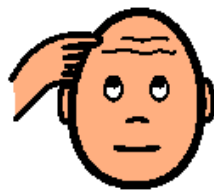


Sometimes I feel like
something small is a Big Deal.

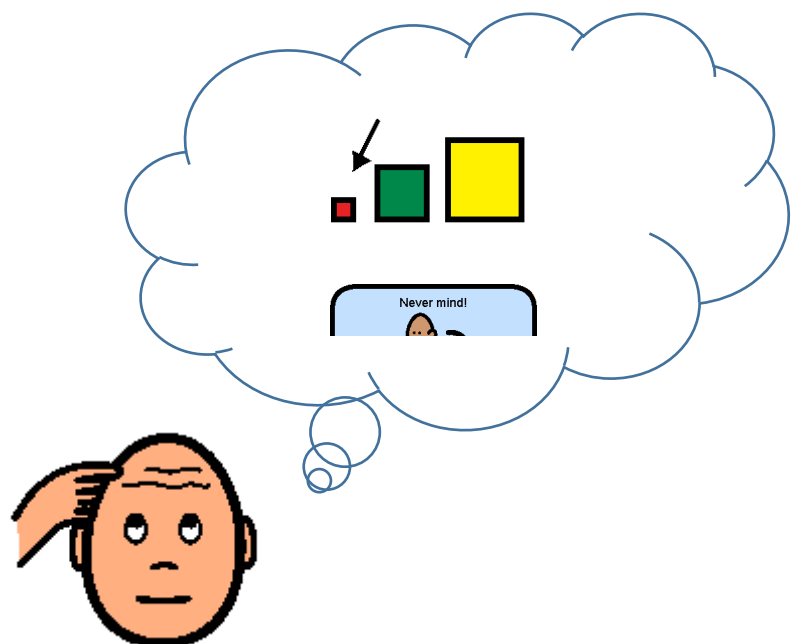
Sometimes I need to



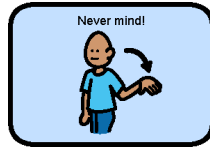
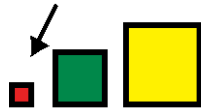
STOP



THINK



Can I make this into a Little Deal?

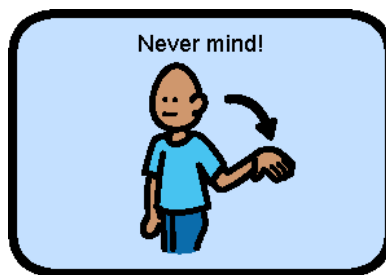


Little Deal

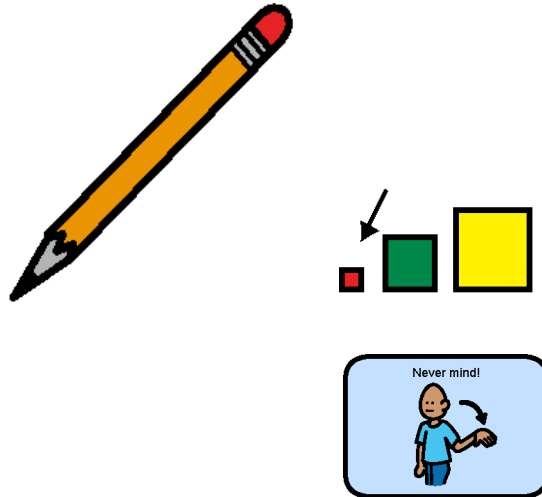
A Little Deal is something small.



Sometimes it's a good idea to just
say

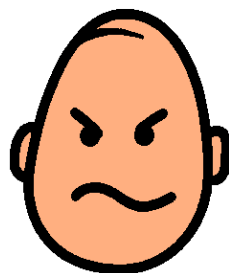


"Never Mind!"

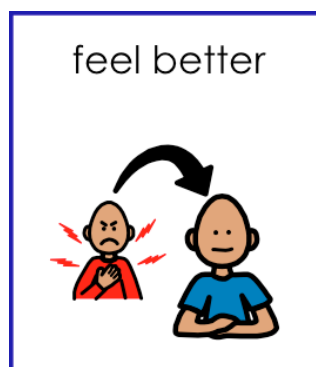


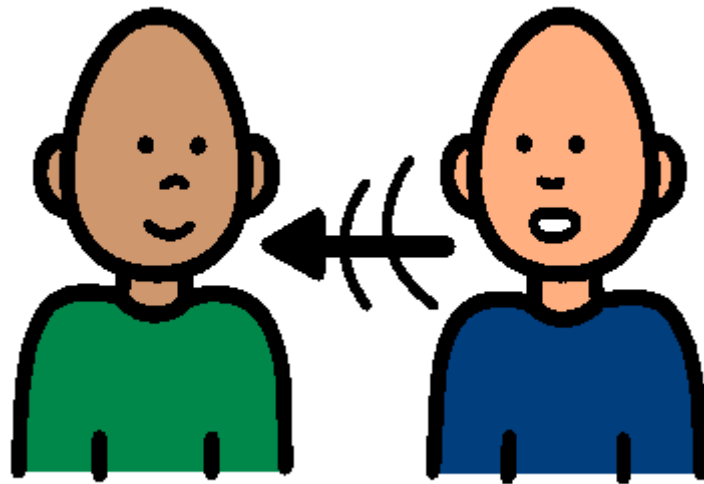
Little Deal

If my pencil is broken, this is a
Little Deal.

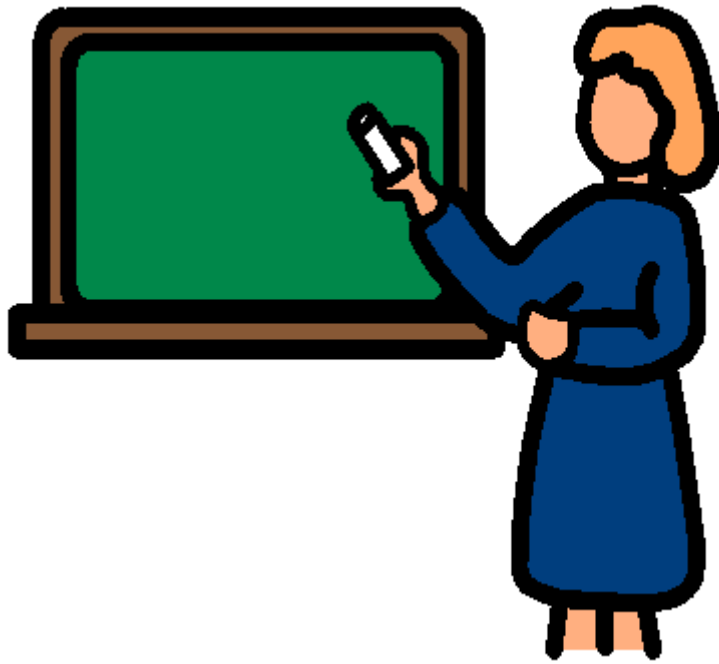


This makes me feel cross. But I
can make it better.





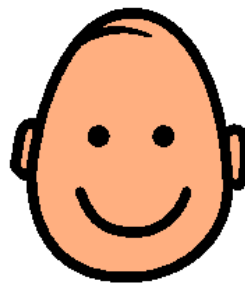
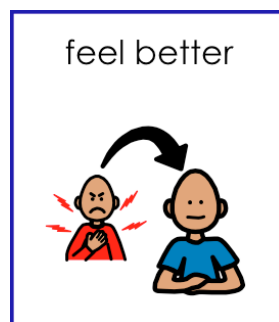
I could ask my friend for a
new pencil.



I could ask my teacher for a
new pencil.



I could sharpen my pencil.

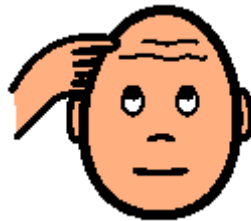


Then I might feel better!

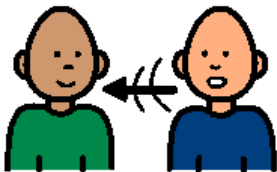
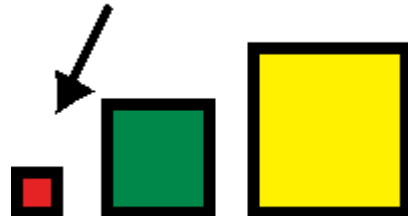
Remember:



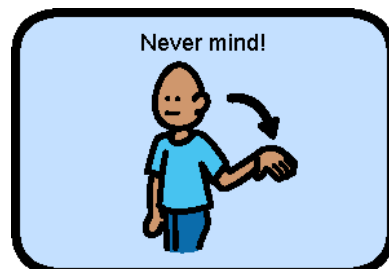
STOP



THINK

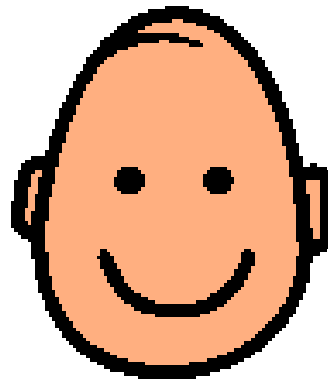
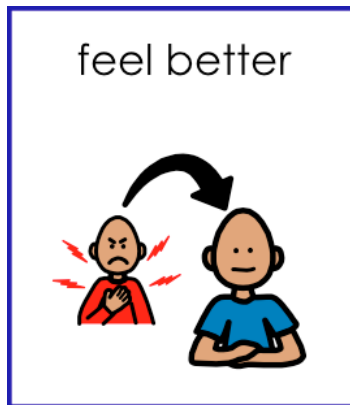


Big Deal



Little Deal

Is it a Big Deal or a Little Deal?



Then I might feel better!