













## Mental Agility Activity Sheet Primary 1

### Number Before & After

This is the orange part of the Rainbow of Numeracy Skills. Choose any task to 'have a go' at from the grid, '1 chilli' means it is a mild challenge. If you feel you are "getting there" why not try a 'spicy' or '2 chilli' challenge. If you really want to challenge yourself try a '3 chilli' , or 'hot' challenge. If you come up with your own challenge you can add it to the grid. You can either colour in the chillies or the block on the grid, or tick to show your teacher what you have chosen to work on.

Remember to choose how you want to practice the skill from Say, Write, Make, Do: e.g.

- Say aloud, sing songs
- Write the numbers out e.g. 4, 5, 6... use chalk, paint or any other way of recording including digital technology
- Draw items e.g. tally marks, pairs of socks, make posters or story books
- Count using items e.g. screws, cutlery, coins, pens...

Find the number before, in the range 1 - 10 e.g. What is the number before 9? 	Find the number after, in the range 1-10 e.g. What is the number after 7? 	Find the number before in the range 1- 20 e.g What is the number before 18? 	Find the number after in the range 1- 20 e.g. What is the number after 16? 
Find the number 2 after in the range 1 - 10 e.g. What number comes 2 after 5? 	Find the number 2 before 1 in the range 1 - 10 e.g. What number comes 2 before 10? 	Find the number 2 after in the range 1- 20 e.g. What number comes 2 after 15? 	Find the number 2 before in the range 1- 20 e.g. What number comes 2 before 20? 
Find the number before in the range 1- 30 e.g What is the number before 24? 	Find the number after in the range 1-30 e.g What is the number after 23? 	Find the number before in the range 1- 50 e.g What is the number before 46? 	Find the number after in the range 1- 50 e.g What is the number after 38? 
Sort the dominoes. Choose 1 domino. Sort the remaining dominoes into groups depending on whether they are less than, the same as or more than the first domino 