

Mental Agility Activity 2

To support our mental agility, we have tried these chilli challenges in class and an example has been shown and you can try different amounts at home.

Forward and Backwards

Challenge	Example
 Count forward in 10s 0 to 100. Try stopping and starting at different points e.g. 30, 40, 50, 60 Stop	50, 60, 70 , 80, 90
 Count forwards in 10s from any number up to 110 e.g. 3, 13, 23, 33, 43, 53, 63, 73, 83, 93, 103 Try stopping and starting at different points	55,65,75,85 36,46,56,66,67
 What is the next decade number? e.g. Parent “34, 44, ?” Child “54”	Parent “44, 54, 64, _____” What is the next decade number Child 74
 Count in halves e.g. $\frac{1}{2}$, 1, $1\frac{1}{2}$, 2, $2\frac{1}{2}$, 3, $3\frac{1}{2}$, 4, $4\frac{1}{2}$.	Child “1, 1 $\frac{1}{2}$, 2, 2 $\frac{1}{2}$, 3, 3 $\frac{1}{2}$”